

UNIVERSITY OF COLORADO
COLORADO INVITATIONAL

Track and Field Meet
April 11th & 12th, 2014

SITE: University of Colorado at Boulder, Potts Field which is located off Colorado on the east campus at the intersection of Discovery Drive and Innovation Drive.

DATE: Friday, April 11th, 2014- Hammer and Javelin will begin at 3:00 pm
Saturday, April 12th, 2014- Discus, Shot Put, Jumps and Running Events will begin at 11:00 am.

Parking: Friday and Saturday parking will be available in lot 543. Do not park along Discovery Drive you will be ticketed.

SEEDING and RULES: There will be one final in all running events. Races will be seeded by time. NCAA rules will be followed.

ENTRIES: Entries are open to all collegiate, post-collegiate and open athletes. No high school athletes will be accepted. All entries will be taken through www.DirectAthletics.com. The Deadline is Thursday April 10th, at 11:59 pm. There will be a \$5.00 entry fee PER EVENT with a cap of \$100 per men's and women's team, no refunds. Team entry fees will be accepted online or at the meet via check or cash. Individual entry fees will be accepted online only.

SCHEDULE: The time schedule is tentative and could change based on entries or weather.

IMPLEMENT

WEIGH-IN: Implement inspection will take place at the clerk's table at the south-east end of the track and will be available throughout the meet Friday and Saturday.

ATHLETE

CHECK-IN: All field event athletes will check-in at their event area. All track event athletes will check-in at the tent located east of the finish line. All athletes must check in at least 30 minutes prior to the start of their event.

WARM-UP

AREA: Athlete's may warm up in the competition area when their event is called or on the soccer fields if available.

FACILITY: New Beynon surface on the track, all runways, javelin approach and high jump apron. Spikes may not exceed 1/4".

TRAINERS: The University of Colorado athletic trainers will be available at the south-east end of the track.

RESULTS: Meet results will be posted online at www.TFRRS.com and www.cubuffs.com.

INFORMATION:

Contact Casey Malone: Phone 720-470-7470 Email casey.malone@colorado.edu

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TENTATIVE SCHEDULE

FRIDAY THROWING EVENTS

3:00	WOMEN'S HAMMER
following <i>women's hammer</i>	MEN'S HAMMER
3:00	MEN'S JAVELIN
following <i>men's javelin</i>	WOMEN'S JAVELIN

SATURDAY THROWING EVENTS

11:00	MEN'S SHOT PUT
following <i>men's shot put/women's discus</i>	WOMEN'S SHOT PUT
11:00	WOMEN'S DISCUS
following <i>women's discus/men's shot</i>	MEN'S DISCUS

SATURDAY JUMPING EVENTS

11:00	WOMEN'S POLE VAULT
following <i>men's pole vault</i>	MEN'S POLE VAULT
11:00	WOMEN'S LONG JUMP
following <i>women's long jump</i>	MEN'S LONG JUMP
following <i>men's long jump</i>	WOMEN'S TRIPLE JUMP
following <i>women's triple jump</i>	MEN'S TRIPLE JUMP
11:00	WOMEN'S HIGH JUMP
following <i>women's high jump</i>	MEN'S HIGH JUMP

SATURDAY RUNNING EVENTS

11:00	WOMENS STEEPLE
11:20	MENS STEEPLE
11:35	WOMEN'S 4X100 RELAY
11:45	MEN'S 4X100 RELAY
11:50	WOMEN'S 1500 METERS
12:10	MEN'S 1500 METERS
12:40	100 METER HURDLES
12:55	110 METER HURDLES
1:10	WOMEN'S 400 METER RUN
1:20	MEN'S 400 METER RUN
1:35	WOMEN'S 100 METER DASH
1:45	MEN'S 100 METER DASH
2:00	WOMEN'S 800M RUN
2:10	MEN'S 800 METER RUN
2:30	WOMEN'S 400 METER HURDLES
2:40	MEN'S 400 METER HURDLES
2:55	WOMEN'S 200 METER DASH
3:15	MEN'S 200 METER DASH
3:35	WOMEN'S 3000 RUN
3:50	MEN'S 3000 RUN
4:15	WOMEN'S 4X400 RELAY
4:25	MEN'S 4X400 RELAY

The schedule will be rolling in the field events and will follow the time schedule for all running events.